



JOURNEYS

URSULINE SISTERS

of the Roman Union † United States Provinces



April 2015

Dear Friends,

Fireflies have the ability to produce their own light; maybe that's why we often delight in seeing those sparkling little insects. Most creatures, however, can't do that. Earth needs the sun for its light, and we humans need many sources of light to live and grow. Merriam Webster Dictionary says that *light* is the *energy that makes it possible to see things*. How often we find ourselves longing for light, for the ability to see things better!

As Easter draws near, we pray, "Christ, be our light." Give us spiritual insight to see clearly, to discern what is authentic, good, and worth living for. When we light holy fire at the Easter Vigil, we celebrate the Risen Jesus, source of a life and light that can never be extinguished.

Sr. Jean and I wish you a graced Holy Week and a very Happy Easter. May Christ be YOUR light always!

May the blessing of Light be on you
Light without and light within,
May the blessed sunlight shine on you
And warm your heart till it glows . . .
--Celtic Blessing.

Sincerely,



For Reflection

Light a candle. Notice how the candle glows, burns, and melts. Ponder the light of Christ in your life. Are you changed by this light? Do you want to be changed? How?

Our faith tells us that Christ *dwells* in us. When are you aware of this? Does his presence in you make a difference in your communication, behavior, and relationships with others?



Scripture Helps

Isaiah 60:19 “*The LORD will be your everlasting light, and your God will be your glory.*” Share with Jesus how and for what you need his light. Let him speak to your heart about what he wants to give you.

Matthew 5:14-16 “*You are the light of the world. A city set on a hill cannot be hidden; nor does anyone light a lamp and put it under a basket . . . Let your light shine . . .*” Prayerfully consider how you are light for others. Pray about how you would like your inner light to be more visible and make a difference in the world.

Other Resources

Read the article [“Resurrection Women: A look at the women at Jesus' tomb and the Resurrection Women of today”](#) and think about the *Resurrection Women* you meet in your daily life. Are you a *Resurrection Woman*?

Imagine not being able to see light, or colors, or people. Then [watch this short video](#) about an amazing Ursuline Sister who is coping gracefully with just such challenges.

Don't forget **Earth Day** on April 22. It's the [45th Anniversary this year](#). As St. Angela would say, “Act, Move, Believe, Strive, Hope,” --- and do something!

Catholics on Call Opportunity

This summer, from August 4-8, Catholics on Call will be presenting its annual Young Adult Conference at Catholic Theological Union in Chicago. This retreat-like experience is designed to help people think deeply about the possibility of ministry in the Church, and it's also a lot of fun! It's a great opportunity to meet other men and women who are on a similar path as you are on, and there is no pressure to join anything.

Interested? Call 773.371.5431 or check out the [Catholics on Call website](#) for more information.

*Words which
do not give
the light of
Christ
increase
the darkness.*

--Mother Teresa

For more information, contact Sr. Elisa Ryan at elisaosu@gmail.com or Sr. Jean Hopman at sjeanosu@gmail.com. If you no longer wish to receive these e-letters, contact Sr. Elisa and she will remove your address.

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