



JOURNEYS

URSULINE SISTERS

of the Roman Union † United States Provinces

June 2015

Dear Friends,

It's June, and we're enjoying long days and hot weather. If you're a student, you might be looking forward to a change of pace. If you work full-time you may be trying to plan some fun in the evenings and weekends. If you're one of the volunteers going on the service trips to New Orleans (June) or Laredo (July) with Sr. Elisa and I, you might be getting excited while also discerning what you really need to bring and what you can live without for a week. Whatever it is you're doing these days, how does it reflect your call to be a disciple of Jesus?

This issue of *Journeys* will focus on discipleship. A disciple is one who learns from the Master. Following Jesus is a radical commitment which lasts a lifetime. It requires an open heart and a listening spirit. Pope Francis painted a portrait of the disciple when he said, "We Christians are called to go out of ourselves to bring the mercy and tenderness of God to all." Let's hold one another in prayer as we seek to live as disciples of Jesus in the world.

United in prayer,

Sr. Jan Hopman, OSU

*The longer you
look at
Jesus,
the more
you will want
to serve him
in
his world.*

~Bishop NT Wright

For Reflection

- Find a crucifix or drawing of Jesus that you like.
What about it most attracts my attention?
- What is my biggest obstacle to spending time with Jesus?
What is one step I will take to change that?
- Who has been a model of Christian discipleship for me?
What about this person most inspires me?

Angela Merici

Scripture Helps

Consider the call of the first disciples as told in [Mark 1.16-20](#) Then imagine yourself at school or work. Notice Jesus come toward you. Hear him make the same invitation to you that he made to Peter, Andrew, James and John. How do you respond?

Slowly read [Jeremiah 1.4-8](#) and reflect on his call. How is Jeremiah's call similar yet different from that told by Mark? Try writing an account of your own call from Jesus. Use it as "scripture" for your personal prayer.



Behold Jesus,
consider him,
contemplate him,
and
desire to be like him.

~St. Francis of Assisi

Other Resources

The [Luminous Mysteries](#) focus on the active life of Jesus. Slowly pray this decade of the rosary. Consider Jesus in each setting and ask for the grace to follow him more closely.

Our friends at [Busted Halo](#) have posted 3 good suggestions for how "a normal, everyday person can go about sharing our faith with others."

Read this article by Fr. Ron Rolheiser, O.M.I. entitled [Following Jesus: Be ready for some surprises](#)

For more information, contact Sr. Elisa Ryan at elisaosu@gmail.com or Sr. Jean Hopman at sjeanosu@gmail.com. If you no longer wish to receive these e-letters, contact Sr. Elisa and she will remove your address.

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